



Sunday 9 March 2025
 Luke 4:1-13
 1st Sunday of Lent

In the GOSPEL TODAY

MAKE THE RIGHT CHOICE!

My Lenten promise

What have you decided to do during Lent? Draw yourself inside this angel keeping your Lenten promise.



Jesus goes into the wilderness to be alone. He is tempted three times to do something wrong. Every time he is tempted, Jesus makes the right choice and does what God the Father wants.

Listen

A temptation can be when someone tries to make you do something wrong. Look at the words that this boy can hear. Which ones are temptations? Cross them out!

- Take all the sweets
- Show off
- Hit your friend
- Share your sweets
- Talk behind someone's back
- Slam the door
- Play nicely
- Be selfish
- Be kind
- Be good

Maze

Can you find Jesus' way back to Nazareth from his cave in the desert?



A PRAYER TO SAY

Thank you, Jesus, for showing me that I can make the right choices, just like you did. Help me to be truly alive by filling my life and my heart with good things. Amen.

It's not always easy to be good



You can't be alive if you are full of:

- l _ _ _ (eis)
- a _ g _ _ (ren)
- _ _ _ t _ (psie)
- _ r _ _ d (ege)
- _ _ t _ (eah)

but you are alive when you are full of

- l _ _ _ (evo)
- s _ _ r _ _ _ (aihng)
- _ _ _ _ d _ _ _ _ s (nkines)
- _ r _ _ _ _ s _ _ _ _ (hipdfnei)
- t _ _ _ _ (uthr)